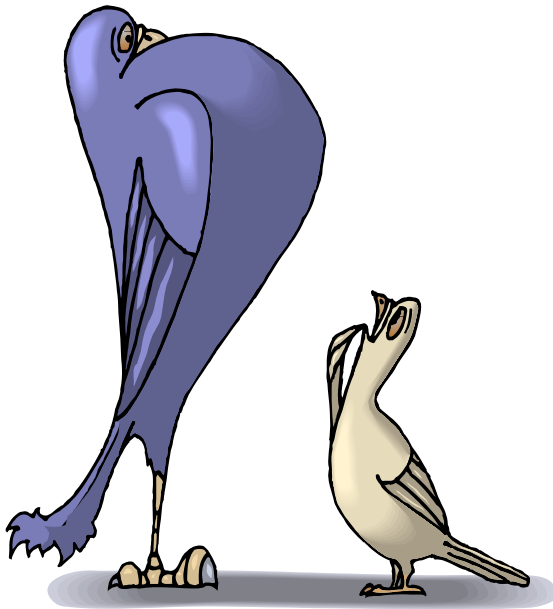


Bullying



A guide for parents

Bullying is a deliberately hurtful behaviour, repeated over time

- Bullying is never justifiable
- Bullying can be physical, verbal or emotional or any combination of these

Don't blame.....

- The person being bullied – it is not their fault
- The person doing the bullying – yes bullying is unacceptable but it is the behaviour that is bad not the person. Consider what it is that makes people feel they have to bully someone else

Procedures to be followed if you feel your child is being bullied:

- Talk to the school and work with them to improve the situation. Initially, make contact with the class teacher.
- Meet with the class teacher so they can record the and any past history
- Ask the class teacher to hold conversations with everyone involved – including all parents
- Class teachers then inform the HTL and passes written records of conversations etc for the school file
- Concerns/issues are shared with ALL staff
- Keep in contact with the class teacher – they will want regular updates/monitoring and meetings with all parties
- Where issues remain unsolved or are ongoing then speak directly to the HTL who will then lead the process

What the school does to prevent bullying

- Provide a secure environment in incidents can be reported confidently
- Ensure the pupil who has been bullied is made to feel safe
- Ensure all pupils know that bullying is taken seriously and they are not to blame
- Deal with suspected or reported incidents immediately
- Keep a clear account of incidents reported including the views of all involved
- Keep all staff informed of concerns about bullying behaviour
- Work in partnership with parents and carers at all times to resolve issues
- Agree an action plan with parents, staff and the child to prevent further incidents
- Agree sanctions in line with the behaviour policy appropriate to the incidents
- Actively listen to the pupils involved and consider how they are feeling
- Monitor behaviour incidents to identify potential bullying and enable early intervention
- Plan and monitor the effectiveness of interventions at individual, group and whole school level
- Seek advice and support from outside agencies to support both the pupil bullied and the pupil bullying

What you can do:

- Help your child to develop coping strategies
- Help everyone to keep a sense of proportion – is this a one off incident or re-occurring?

Above all keep talking to your child and to school!

Help organisations

Advisory Centre for Education 023 7354 8321

KIDSCAPE 0845 1 205 204

Parentline Plus 0808 800 2222

Bullying Online www.bullying.co.uk